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***CURRICULUM VITAE***

<b>A. ACADEMIC QUALIFICATIONS</b>			
<b>Qualification</b>	<b>School/ Institution</b>	<b>Year</b>	<b>Area of Specialization</b>
PhD	University of Sheffield, UK	2018	Social Psychology
Master of Science	Universiti Putra Malaysia	2013	Social Psychology
Bac. of Education	Universiti Putra Malaysia	2010	Counselling & Guidance

<b>B. EMPLOYMENT</b>				
<b>Employer</b>	<b>Designation</b>	<b>Department</b>	<b>Start Date</b>	<b>Date Ended</b>
UPM	Head Laboratory	Youth and Community Well-being Laboratory, IPSAS	1.08.2022	Till now
UPM	Senior Lecturer	Dept. of Social and Development Sciences, Faculty of Human Ecology, UPM	13.08.2008	Till now
UPM	Tutor	Dept. of Social and Development Sciences, Faculty	20.12.2010	12.08.2018

		of Human Ecology, UPM		
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### C. LIST OF PUBLICATIONS

Journal	
1.	Danhe, Z., <b>Ma'rof, A. A.</b> , Zaremohzzabieh, Z. (2023). Gender Differences in the Function of Music for Emotion Regulation Development in Everyday Life: An Experience Sampling Method Study. <i>Malaysian Journal of Music</i> , 12(2), 76-94.
2.	Xiaodan, W., <b>Ma'rof, A. A.</b> , Abdullah, Tiantian, Ma. (2023). The Impact of Social Media on the Development of Social Anxiety: A Systematic Review. <i>International Journal of Academic Research in Business and Social Sciences.</i> , 13(18), 342-365.
3.	Hashim, A. H., <b>Ma'rof, A. A.</b> , Zaremohzzabieh, Z. (2023). The Role of Materialism in Predicting Compulsive Buying among University Students in Klang Valley, Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 18-34.
4.	Mohamed, N. N. I., <b>Ma'rof, A. A.</b> , Sulaiman, A. H. (2023). The Relationship between the Use of Social Networking Sites, Perceived Social Support and Spirituality on Loneliness among University Students in Klang Valley, Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 100-118.
5.	Abdul Halim, M. N., Muhammad, F., Yusuf, S. A., <b>Ma'rof, A. A.</b> (2023). Integrating the Big Five Personality Traits with Leadership Styles: Utilising Talent Pooling for Leader Selection in Malaysian Polytechnics and Community Colleges. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 359-366.
6.	Mohamud, Y. A., <b>Ma'rof, A. A.</b> , Mohamed, A. M., & Uzir, M. U. H. (2023). A Narrative Review on The Impact of Applied Artificial Intelligence Tools on Higher Secondary Students. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 34-42.
7.	Azmi, S. F., <b>Ma'rof, A. A.</b> , Abdullah, H., & Zarimohzzabieh, Z. (2023). Culture and communication styles: Collectivism vs Individualism cultural orientations from Malaysian perspectives. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(16), 201 -204.
8.	Mohamud, Y. A., <b>Ma'rof, A. A.</b> , Mohamed, A. M., Mohamed Gure, M. (2023). The Effect of Population Growth on Unemployment Youth in Somalia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 149-155.
9.	Mohamud, Y. A., <b>Ma'rof, A. A.</b> , Mohamed, A. M., & Uzir, M. U. H. (2023). The Effect of Domestic and Public Investment on Economic Growth in Somalia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 140-148.

10.	Kha Xin, S., <b>Ma'rof, A. A.</b> (2023). Exploring The Relationship Between Pet Companionship, Family Support, Peer Support, and Social Media Support on Psychological Well-Being among Young Adults in Selangor, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 367-383.
11.	Ayub, N. A., <b>Ma'rof, A. A.</b> Rosnon, R. (2023). The Impact of Psychological Factors on Cyberbullying Behaviors among Youth in Selangor, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 35 -50.
12.	Karim, S. <b>Ma'rof, A. A.</b> , Abdullah, H. (2023). Exploring Lesbian Identity: Attraction and Repulsion Factors among The Lesbian Community in Selangor, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(17), 84-99.
14.	Othman, N. S., <b>Ma'rof, A. A.</b> , Abdullah, H., & Kamarudin, M. S. (2023). Exploring the Experiences and Perceptions of Expert Panels on The Rise of Out-Of-Wedlock Pregnancies among Adolescents and Youths in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 83–96.
15.	<b>Ma'rof, A. A.</b> , Zaremohzzabieh, & Abdullah, H. (2023). Imagined intergroup contact promotes prosocial behavior and intergroup anxiety in the United Kingdom and Malaysia. <i>The Journal of Behavioral Science</i> , 18(3), 1 – 16.
16.	Sudin, M. A. F., <b>Ma'rof, A. A.</b> , Abdullah, H., & Zarimohzzabieh, Z. (2023). Inconvenience and Perceived Behavioral Control as The Main Predictive Factors of Recycling Behavior: Malaysian University Students Context. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 16 – 33.
17.	Azmi, S. F., <b>Ma'rof, A. A.</b> , Abdullah, H., & Zarimohzzabieh, Z. (2023). Independent and interdependent self-construal on communication styles among the Malaysian young adults. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 81 – 92.
18.	Kamaruddin M. S., Yahya F., Sabil S., <b>Ma'rof A. A.</b> , Harun M. M. & Salim. J. J. (2022). Mental health issues in Malaysia: a systematic review. <i>African Journal of Social Work</i> , 12(6), 295-305.
19.	Kurnanto, M. E., Kamaruddin, M. S., <b>Ma'rof, A. A.</b> , & Yahya, F. & Sabil, S. (2023). Mental health with gender differences in internet pornography viewing disorder (IPD): Analysis in educational guidance and counseling. <i>Journal of Islamic Education</i> , 7(1), 205 – 215.
20.	<b>Ma'rof, A. A.</b> (2023). Exploring Cultural Competence through the 'Humans of Malaysia Project, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13 (16), 384-392.
21.	Azmi, S. F., <b>Ma'rof, A. A.</b> , Abdullah, H., & Zarimohzzabieh. (2023). The differences in ethnic and gender on communication styles among public university students in Klang Valley, Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13 (16), 407 – 417.

22.	Mohamat Nor, N. S. <b>Ma'rof, A. A.</b> , Sulaiman, A. H. (2023). How Work Ethics, Workload, and Work Motivation Contribute to Work Commitment: A Study among the Service Company Employees in the Klang Valley, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13 (16), 68-83.
23.	Mohamud, Y. A., <b>Ma'rof, A. A.</b> , & Mohamed, A. M. (2023). The Importance of Training and Development on Employee Performance in Somalia Telecom Companies. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 97–109.
24.	Karim, N. <b>Ma'rof, A. A.</b> , Kamarudin, S. (2023). Exploring The Psychosocial Risk and Resilience among The Lesbian Community in Selangor, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 119-139.
25.	Shujing, Y., Mohd Khir, A., <b>Ma'rof, A. A.</b> , & Wan Jaafar, W. M. (2023). The mediating role of positive psychological capital in the relationship between acculturative stress and ethnic identity among ethnic minority university students in Mainland China. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(16), 240 – 254.
26.	Othman, N. S., <b>Ma'rof, A. A.</b> , Abdullah, H., & Kamarudin, M. S. (2023). The Preventive Measures, Main Challenges and The Effectiveness of The Programs Developed in Dealing with Out-of Wedlock Pregnancies among Adolescents and Youths in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 69–82.
27.	Misran, N. A. B., <b>Ma'rof, A. A.</b> , Kamarudin, M. S. (2023). The Role of Mental Health Self-Stigma and Mindfulness in Youth Psychological Distress During Covid-19: A Study in Johor, Malaysia, <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(16), 1 -17.
28.	Li, Miaomiao, Wan Abas, W. A., <b>Ma'rof, A. A.</b> (2023). Health Information Seeking Behavior Among Perinatal Women: A Systematic Review, <i>Studies in Media and Communication</i> , 11(7), 180-196.
29.	Chee, H. J., <b>Ma'rof, A. A.</b> , Abdullah, H., & Zarimohzzabeh, Z. (2023). The Relationship Between Social Adaptability, Psychological Distress, and Parental Attitude on Life Satisfaction among Malaysian Young Adults. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 1–15.
30.	Othman, N. S., <b>Ma'rof, A. A.</b> , Abdullah, H., & Kamarudin, M. S. (2023). Unveiling the Unspoken: A Comprehensive Literature Review on The Hidden Crisis of Out-Of-Wedlock Pregnancies among Malaysian Youth. <i>International Journal of Academic Research in Business and Social Sciences</i> , 13(14), 57–68.
31.	Nur Elina, K., <b>Aini Azeqa, M.</b> , & Hanina. H. H., & Haslinda, A. (2022). The Downside Effect of Emotional Intelligence on Job Stress among Non-academic University Staff, <i>International Journal of Business and Social Sciences</i> , 15(7), 102-123.
32.	Chen, Y.; Yu, X.; <b>Ma'rof, A.A.</b> ; Zaremohzzabieh, Z.; Abdullah, H.; Halimatusaadia Hamsan, H.; Zhang, L. (2022). Social Identity, Core Self-Evaluation, School Adaptation, and Mental Health

	Problems in Migrant Children in China: A Chain Mediation Model. <i>Int. J. Environ. Res. Public Health</i> 2022, 19, 16645
33.	Ahmed, A., <b>Aini Azeqa, M.</b> , Hanina, H. H., & Yasmin, A. (2022). Intergroup attitudes on intergroup behavioral intention among Somali clans in Somalia, <i>International Journal of Business and Social Sciences</i> , 15(6), 85-101.
34.	Anandavelu, P. A., <b>Ma'rof, A. A.</b> , & Abdullah, H. (2022). The Impact of Psychological Factors on Sleep Quality among Public University Students in Klang Valley, Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(10), 316 – 331.
35.	Ye, C., <b>Ma'rof, A. A.</b> , Abdullah, H., Hamsan, H. H., Zhang, L., & Wu, Q. (2022). Research Status and Development Trend of the Theory of Planned Behavior: A Visual Analysis Based between 2012- 2022. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 1283 – 1302.
36.	Murad, N. A. M., <b>Ma'rof, A. A.</b> , Jaafar, W. M. W., & Khir, A. M. (2022). A Review of the Aftercare Module from the Perspective of the Kuala Lumpur Treatment and Rehabilitation Center Staff. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 2482 – 2488.
37.	Abdullah, H., Marzuki, N. F., <b>Ma'rof, A. A.</b> , & Sham, F. M. (2022). Mobile Phone Usage, Sleep Quality, and Life Satisfaction among University Students in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(14), 72–88.
38.	Sum, T. S., Hamsan, H. H., <b>Ma'rof, A. A.</b> , Abdullah, H., Rasdi, R. M., Omar, S. Z., & Sadiron, N. (2022). A Systematic Review of The Factors Contributing to Adolescent Illicit Drug Use within Asia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(12), 2125 – 2141.
39.	Hamsan, H. H., <b>Ma'rof, A. A.</b> , Sum, T. S., Khir, A. M., Abdullah, H., Borhan, N. A. S., & Sadiron, N. (2022). Causes and Symptoms of Early Drug Addiction: A Qualitative Study in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(8), 473 – 483.
40.	Shujing, Y., Khir, A. M., <b>Ma'rof, A. A.</b> , & Jaafar, W. M. W. (2022). Development and Trends of Intergroup Contact Studies. <i>International Journal of Academic Research in Business and Social Sciences</i> , 12(10), 376 – 388.
41.	M. S. Kamaruddin, F. Yahya., S. Sabil., <b>Ma'rof. A. A.</b> , & J. M. Salim (2022). Family and career conflicts among women – A systematic review. <i>Journal of Psychology English</i> , (1), 1-25.
42.	Kamaruddin, S., & <b>Ma'rof, A. A.</b> (2022). Recommendations to counselors in dealing with clients suffering from depressive mental health issues. <i>Altruistik: Jurnal Konseling dan Psikologi Pendidikan</i> , 2, 1, 31-37.
43.	Haslinda, A., Normaziah, Z., & Aini Azeqa, M. (2021). Factors influencing perception of work-related upper limbs disorders (WRULDs) among Malaysian women assembly workers, <i>International Journal of Business and Social Sciences</i> , 11(15).

44.	<b>Aini Azeqa, M.</b> , Hanina, H. H., Haslinda, A., Azlina, K. (2021). Ethnic group attachment as the main predictor to inculcate altruistic prosocial behavior among Malaysian Indigenous (Orang Asli) adolescents. <i>Human Resource Management Academic Research Society (HRMARS)</i> , 552-565.
45.	<b>Aini Azeqa, M.</b> , Haslinda, A. (2021). Social support and spiritual well-being role in anticipating suicidal ideation during Covid-19 pandemic among Malaysian university students, <i>Human Resource Management Academic Research Society (HRMARS)</i> , 1510-1523.
46.	<b>Aini Azeqa, M.</b> , Hanina, H. H., Haslinda, A., Mohd Shahrul, K. (2021). The effect of online pornography on pornography motivation, sexual arousal and gratification and its link to tendencies towards internet- pornography-viewing disorder (IPD), <i>Human Resource Management Academic Research Society (HRMARS)</i> , 2047-2059.
47.	<b>Aini Azeqa, M.</b> , Haslinda, A. (2021). A highlight on the importance of spiritual practice as a coping mechanism to combat mental illness among Malaysian teenagers. <i>Malaysian Journal of Youth Studies</i> , (22), 95-118.
48.	<b>Aini Azeqa, M.</b> , Hanina Halimatusaadiah, H. (2020). Altruistic prosocial behavior and attachments among Orang Asli adolescents: The mediating role of prosocial value. <i>International Journal of Business and Social Sciences</i> , 10(16), 101-115.
49.	Hanina, H. H., <b>Aini Azeqa, M.</b> , Haslinda, A. (2020). How do personality factors associate with prosocial behavior? The mediating role of empathy. <i>Human Resource Management Academic Research Society</i> , 206-219.
50.	<b>Aini Azeqa, M.</b> , Hanina Halimatusaadiah, H. (2020). Altruistic and Egoistic Prosocial Behaviors among Orang Asli adolescents: Its relations to attachments and prosocial value. <i>International Journal of Business and Social Sciences</i> , 10(16), 58-72.
51.	Vhanessera, A., <b>Aini Azeqa, M.</b> , Haslinda, A. (2020). Pornography viewing disorder (IPD) among Internet Pornography users in Malaysia. <i>Malaysian Journal of Human Ecology</i> , 1(1), 76-84.
52.	Jay Jay, N. E. J., Hanina H. H., Aini Azeqa, M. (2020). The relationship between self-efficacy, social support and psychological well-being among adolescents with physical disabilities in Lagos State, Nigeria. <i>Journal of Psychology and Social Health</i> , 4, 63-68.
53.	AlSalaman, A., Hanina Halimatusaadiah, H., Aini Azeqa, M. (2020). Cultural values and prosocial behavior among Saudi undergraduates: The mediating role of empathy. <i>Advanced Scientific Research</i> , 7(13), 1735-1744.
54.	Nurhafizah, Y., Aini Azeqa, M. (2020). Professional up-skilling of English Language lecturers (Pro-ELL) Programme: The programme impact on Malaysian Polytechnics and community college educator's English proficiency. <i>Journal on Technical and Vocational Education</i> , 5(2), 52-60.

55.	<b>Aini Azeqa, M.,</b> Mohd Shahrul, K. (2020). Isu dan cabaran: Pengalaman kaunselor mengendalikan talian sokongan psikologi semasa penularan wabak covid-19. Buletin Psikologi dan Kaunseling Perkhidmatan Awam Negeri Sarawak, 1(5), 9-17
56.	<b>Aini Azeqa, M.,</b> Haslinda, A. (2019). Kajian Kes terhadap Tahap Kemurungan dalam kalangan Remaja Perempuan: Kupasan dan Cadangan. Malaysian Journal of Youth Studies, (1), 136-152.
57.	Azlina, M. K., Che W Hashimi Rafsanjani, C. W., <b>Aini Azeqa, M.,</b> Amna, M. N. (2019). Kesan Keterlibatan Belia dalam Aktiviti Gay di Kuala Lumpur. Malaysian Journal of Youth Studies, (1), 93- 106.
58.	Ma'rof, A. M., Redzuan, M., Anderson, R. C., & Ma'rof, A. A. (2012). Improving Young Indigenous Malaysian Children's Incidental Vocabulary Acquisition and Oral Narrative Skills through Shared-book Reading. Life Science Journal, 9(4), 841-84.
<i>Chapter in Book</i>	
1.	Cannova, R. & <b>Ma'rof, A. A.</b> (2023). Empowering Students with Ideological and Political Education and Bridging the Gap in Modern Democracies' Ideological Division in Social Psychology Theories and Methods in Education. IGI Global Publisher. 1-23.
2.	<b>Ma'rof, A. A.</b> (2023). Imagined Contact in Majority – Minority Schooling Contexts and its Effects on Actual Intergroup Helping in Social Psychology Theories and Methods in Education, 1 – 18.
3.	<b>Aini Azeqa, M.,</b> Haslinda, A. (2021). Bunuh Diri dalam kalangan Remaja dalam Belia Berisiko di Malaysia. Penerbit Universiti Malaysia Perlis, 277-298.
4.	<b>Aini Azeqa, M.</b> (2021). Kekuatan Komuniti melalui Pemupukan Tingkah Laku Prosocial dalam Isu Pembangunan Komuniti. Penerbit Universiti Putra Malaysia, 87- 102.
5.	<b>Aini Azeqa, M.</b> (2020). Tingkah Laku Prosocial Remaja Orang Asli Malaysia dalam Prolegomena: Masa Hadapan Orang Asli Malaysia. Penerbit Universiti Malaysia Kelantan, 173-190.
6.	<b>Aini Azeqa, M.</b> (2020). Tingkah laku prososial remaja Orang Asli Malaysia dalam Prolegomena: Masa Hadapan Orang Asli Malaysia. Universiti Malaysia Kelantan, 173-190.
7.	<b>Aini Azeqa, M.,</b> Nurhafizah, Y. (2020). Implikasi ketagihan pornografi internet ke atas psikologi individu dalam Isu Kontemporari dalam Psikologi dan Kaunseling, 105-116.
8.	<b>Aini Azeqa, M.,</b> Muhamad Naim, A. H. (2020). Pemeraksanaan Psikologi Pendorong Utama kepada Kepuasan Kerja dalam Isu Kontemporari dalam Psikologi dan Kaunseling, 48-60.
9.	<b>Aini Azeqa, M.,</b> & Mohd Shahrul, K. (2020). Impak Covid-19 ke atas Kesejahteraan Psikologi dan Sosial dalam Pendekatan Bimbingan dan Kaunseling dalam Menangani Impak Covid-19, 128-135

<i>Proceedings/ Conference</i>	
1.	Chen Ye, <b>Aini Azeqa, M.</b> , Haslinda, A., Hanina H. Hamsan (2023). The Social Influence of Social Media Use on Marriage Intention of Unmarried Women in China at the 4 <sup>th</sup> International Conference on Youth, Unviersiti Teknologi Sarawak, Sibu joint venturing with IPSAS, UPM.
2.	<b>Aini Azeqa, M.</b> (2023). Enhancing Cutural Competence through the “Human of Malaysia Project”, Seminar Serantau Isu-isu Komuniti at Universitas Halu Oleo, Kendari, Malaysia.
3.	<b>Aini Azeqa, M.</b> (2021). Intergroup Attitudes on Intergroup Behavioral Intention among Somali Noble towards Somali Bantu in Somalia. 4th Malaysian International Psychology Conference.
4.	<b>Aini Azeqa, M.</b> , Haslinda, A., & Fariza, M. S. (2019). Religion and Spirituality: It’s Importance to be highlighted as a Way to Combat Mental Illness among Malaysian Teenagers. Embracing Life through Religion and Mental Health Awareness Conference. Proceedings, UIN Syarif Hidayatullah, Jakarta, Indonesia
5.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2017). Imagined Contact and Helping Behaviour Among Minority and Majority Status Groups. Malaysian Students Conference and Research Showcase 2017, University of Manchester.
6.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2017). Imagined Contact as a Preparatory Tools in Promoting Intergroup Helping. PGR Conference, Psychology Department, Sheffield University.
7.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2016). Imagined Contact Gives Prodigious Effect in Promoting Prosocial Behaviour. PGR Conference, Psychology Department, Sheffield University
8.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2016). Improving Intergroup Helping Through Imagined Contact, The Sheffield Hallam Psychology, Sociology, and Politics PhD Conference, 3rd Annual PhD Research Conference, Sheffield Hallam University.
9.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2015). Maximizing the Impact of Imagined Contact in Promoting Altruistic Behaviour: Intergroup Anxiety and Prosocial Behaviour Tendencies, WRDTC Fourth Annual Conference on Getting Published, University of York
10.	<b>Ma’rof, A. A.</b> , Crisp, R. J., Millings, A., Webb, T. L. (2015). The Role of Visual Perspective in Maximizing the Impact of Imagined Contact Effects. PGR Conference, Psychology Department, Sheffield University
11.	<b>Ma’rof, A. A;</b> Hanina, H. (2013). Attachment and Prosocial Behaviour amongst Malaysian Indigenous, International IJAS Conference for Academic Disciplines, Nevada, Las Vegas, US
12.	<b>Ma’rof, A. A.</b> , Redzuan, M. (2012). Group Attachment and Prosocial Value in Influencing Prosocial Behaviour Tendencies among Malaysian Indigenous Adolescents, Paris International Congress of Humanities and Social Sciences Research, Paris.

13.	<b>Ma'rof, A. A.</b> (2012). Group Attachment and Altruism among Orang Asli Adolescents, International Malaysian Studies Conference 2012 (MSC8), Universiti Kebangsaan Malaysia.
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<b>D. RESEARCH PROJECT</b>					
<b>No.</b>	<b>Project Title</b>	<b>Role</b>	<b>Year</b>	<b>Source of fund</b>	<b>Status</b>
1.	Detecting and Reinforcing Anti-Corruption Attitudes: An IAT and Assertiveness-Based Approach	Project leader	2023	SPRM, Malaysia	On-going (November 2024)
2.	Indeks Gerakan Koperasi 2024	Co-researcher	2023	Suruhanjaya Koperasi Malaysia	On-going (December 2024)
3.	Kajian Indeks Kesejahteraan Guru Pulau Pinang	Project leader	2023	Family Empowerment NGO	Completed
4.	Developing a Psychoeducational Education Model on Hate-speech among youth	Co-researcher	2023	FRGS, KPT	On-going (September, 2025)
5.	Pembentukan Model Kelestarian Kesejahteraan Belia Orang Asli	Co-researcher	2023	FRGS, KPT	On-going (September, 2025)
6.	The Social Influence of Social Media Use on Marriage Intention of Unmarried Women in China	Co-researcher	2022	Geran Iniatif Putra Siswazah (IPS), UPM	On-going (December, 2024)
7.	Imagined Intergroup Contact Intervention on Intergroup Attitudes towards Ex-drug addicts.	Project leader	2022	Geran Iniatif Pensyarah Muda (IPM)	On-going (November, 2024)

8.	Kajian Indeks Hidup Damai Bersama @ Peaceful Coexistence Indeks in Selangor	Co-researcher	2023	Private Grant & Institut Darul Ehsan (IDE)	Completed
9.	Pembentukan model komunikasi preventif penyalahgunaan dadah dalam kalangan pelajar di kawasan berisiko	Co-researcher	2020	Ministry of Higher Education	Completed
10.	Pelaksanaan Penilaian Dan Kebolehlaksanaan Pembentukan Halatuju NGO Dalam Agenda Perpaduan Negara	Co-researcher	2023	Private Grant	Completed
11.	Perlaksanaan pembentukan pelan tindakan hala tuju ngo dalam agenda perpaduan	Co-researcher	2022	Private Grant	Completed
13.	Peaceful Coexistence Index among Malaysian of Different Religious and Ethnic Background	Co-researcher	2020	Westminister Foundation for Democracy / Institut Darul Ehsan	Completed

#### E. SCIENTIFIC EXPERIENCE AND SPECIALIZATION

Organization	Position	Start Date	End Date	Expertise
Malaysian Youth Development Research Institute, Ministry of Sport and Youth	Panel Experts cum Facilitator	2024	2024	Psychology
Universiti Pendidikan Sultan Idris	Panel Experts	August 2023	October 2023	Youth Psychology

Malaysian Youth Development Research Institute, Ministry of Sport and Youth	Technical Working Group (TWG)	1 June 2023	2 June 2023	Mental Health
Ex-officio for Malaysian Youth Mental Health Index, Ministry of Youth and Sport	Ex-officio	July 2022	June 2023	Index Social Psychology
Head of Youth and Community Well-being, IPSAS, UPM	Head Laboratory	August 2022	Till now	Social Psychology, Community and Youth Psychology, Module development
IPSAS Research Associate	Research Associate	May 2022	July 2022	Social Psychology, Youth Psychology
HRMARS Journal	Reviewer	2022	2022	Social Sciences
MMU Conference on Communication, Language, Education and Social Sciences 2022	Reviewer	August 2022	August 2022	Psychology
Asian Research Journal of Arts & Social Sciences	Reviewer	September 2022	September 2022	Applied Psychology
FEM, UPM	FEM postgraduate seminar evaluator	July 2022	August 2022	Psychology
FEM, UPM	Final Year Dissertation Evaluator	11 June 2022	15 June 2022	Psychology
The International Institute of Knowledge	Scientific Committee for ICOSS Conference	10.6.2021	30.6.2021	Applied Psychology

Management (TIKM)				
4th Malaysian International Psychology Conference (MIPC21)	Scientific Committee for Social Psychology Division	2.6.21	30.6.21	Social Psychology
Ministry of Higher Education (Polytechnic and Community College)	Subject-Matter Expert on personality test development for talent pool.	5.3.2021	1.7.2021	Psychological Instrumentations
Malaysian Youth Development Research Institute, Ministry of Sport and Youth	Brainstorming on Mental Health issues among Malaysian Youth.	8.6.2021	9.6.2021	Mental Health
IYRES, Ministry of Youth and Sports.	Technical Working Group (TWG) #MyIndexBelia 6.0 workshop.	16.6.2020	24.6.2021	Youth development
UNITEN	External moderator for open mode pioneer course & distance learning (ODL).	11.6.2021	2.9.2021	Social Psychology
FEM, UPM	Final Year Dissertation evaluator	21.6.2021	9.7.2021	Human Development
FEM, UPM	Coordinator, Bachelor of Science Human Development (Informational Technology)	5.2.2021	31.8.2022	Human Development

	program			
PSIMA, UKM, PSIRA	Scientific Committee for Malaysian International Psychology Conference.	1.5.2021	30.6.2021	Social Psychology
UKM	Manuscript reviewer for GEOGRAFIA	20.2.2021	23.2.2021	Psychology
UKM	Manuscript Reviewer for GEOGRAFIA	23.1.2021	24.1.2021	Psychology
ICOSS-USM	WoS proceeding reviewer for ICOSS	9.9.2021	30.9.2021	Psychology

## F. HONORS AND AWARDS

<i>Name of Awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>				
1.	PiCTL Innovation (Gold Medal): Harnessing Solitary (Intrapersonal) Learning: A Media-Centric Approach to Illuminate Psychological Concepts and Personal Growth.	CADe UPM	International	2023
2.	PiCTL Innovation (Silver Medal): Digital Advoccacy in Modern Education: Leberaging TikTok for Mental Health and Cultural Diversity Awareness.	CADe UPM	International	2023

3.	PiCTL Innovation ( <i>Silver Medal</i> ): Experienced Based Learning through Community Service Old Folks Home Visit	CADe UPM	International	2022
4.	PiCTL Innovation ( <i>Bronze Medal</i> ): "Service Sparks" Social Projects: Advocacy Posters	CADe UPM	International	2022
5.	Silver Award – Seminar Hasil Penyelidikan	Faculty of Human Ecology	Faculty	2022
6.	Excellence Reviewer	Asian Journal of Language, Literature and Culture Studies	International	2022
7.	Innovation in Counselling ( <i>Gold Medal</i> ): ABC Steps to Conduct Sand Play Therapy	PERKAMA International	International	2022
8.	Silver Award – Digital Literacy Innovation through e-book for Counsellor	UNIMAS	National	2022
9.	PiCTL Innovation ( <i>Silver Medal</i> ): Humans of Malaysia Project: Stimulating Psychological Discernment through Community Covid-19 Experiences	CADe UPM	International	2021
10.	PiCTL Innovation ( <i>Silver Medal</i> ): Experiential Learning through Virtual Intergroup Contact: A Social Psychological Approach in Embracing Classroom Cultural Diversity	CADe UPM	International	2021

11.	Inspire to Innovate ( <i>Gold Medal</i> ): Care Innovation for New Norm	Ministry of Sports and Youth	International	2021
12.	PiCTL Innovation (Gold Medal) Community Based Learning through Humans of Malaysia Project: Photographic Page	CADe UPM	International	2020
13.	PiCTL Innovation (Bronze Medal): The used of YouTube Channel to Enhance Classroom Learning	CADe UPM	International	2020
14.	Innovation (Silver Medal): Cognitive Behavioral Therapy – CBT Worksheet	Pertandingan Inovasi PERKAMARA	National	2019
Award of Merit				
1.	Excellence in Service Award	UPM	UPM	2022
2.	Outstanding Service Award	UPM	UPM	2021
3.	Excellence in Service Award	UPM	UPM	2020
4.	Excellence in Service Award	UPM	UPM	2019

### G. Keynote Speaker/ Speaker / Trainer

No.	Title	Organizer	Year
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1.	Climate Anxiety Impact on Youth	Universitas Abulyatama, Aceh, Indonesia	2024
2.	The Impact of Social Media Use on Mental Health	Faculty of Medicine and Health Science, UPM	2024
3.	The Mind Project: U Matter; Detoxifying Your Life: Unveil the Toxic Pattern	Tan Sri Mustaffa Babjee College, UPM	2024
4.	Research Methodology	Faculty of Human Ecology, UPM	2024
5.	Psychological First Aid (PFA) speaker, Malaysian Youth Volunteer Squad Course (SATRIA), Intermediate Level, Pulau Pinang.	Pulau Pinang State Youth & Sports Department	2023
6.	Trainer for UTP Integrity Training: Say No to Corruption	Universiti Teknologi Petronas	2023
7.	Penceramah Psychological First Aid (PFA), Kursus Skuad Sukarelawan Anak Malaysia (SATRIA) Tahap Asas Peringkat Negeri Melaka.	Melaka State Youth & Sports Department	2023
8.	Penceramah Psychological First Aid (PFA), Kursus Skuad Sukarelawan Anak Malaysia (SATRIA) Tahap Asas Peringkat Negeri Selangor.	Selangor State Youth & Sports Department	2023
9.	Psychological First Aid (PFA) speaker, Malaysian Youth Volunteer Squad Course (SATRIA), Intermediate Level, Middle Zone.	Selangor State Youth & Sports Department	2023
10.	Psychological First Aid (PFA) speaker, Malaysian Youth Volunteer Squad Course (SATRIA), Basic Level, Kedah state.	Kedah State Youth & Sports Department	2023
11.	Village Leader Personality Empowerment Program (June, July, September)	Institute for Rural Advancement (INFRA), Ministry of Rural Regional Development (KKDW)	2023

12.	Penceramah Psychological First Aid (PFA), Kursus Skuad Sukarelawan Anak Malaysia (SATRIA) Tahap Pertengahan Peringkat Zon Selatan.	Youth and Sport Department, Johor	2023
13.	Personality and Upbringing during Mobility Programme, Putra Social Science Study Tours, UPM in collaboration with UIN Syarif Hidayatullah, Indonesia.	IPSAS, UPM & UIN Syarif Hidayatullah, Indonesia	2023
14.	Lecture Guest on Social Influence and Attitudes.	Universitas Halu Oleo, Kendari, Southeast Sulawesi, Indonesia	2023
15.	Lecture Guest on Youth Mental Health	UIN Sultan Syarif Kassim Riau, Indonesia	2023
16.	Teens and Younger Generations: Healthy: Lifestyles, Great Generations	Institute for Social Science Studies, UPM	2023
17.	Cup of Healing 2.0 – It's Okay to Not Be Okay	Nuzha Travel, Bandar Baru Bangi.	2023
18.	Mental Health among Youth	SMK Aminuddin Baki, Kuala Lumpur & Faculty of Medicine and Health Science, UPM	2023
19.	Green Ribbon Age Training (GREAT) Project on Practical Help in Crisis Events	GREAT, KMB and Kolej Tan Sri Mustaffa Babjee	2022
20.	Engaging Youth Self-esteem	Faculty of Modern Language and Communications, UPM	2022
21.	Does Appearance Matter? Program Love Yourself: the beauty in you.	Pusat Kurikulum & Pembangunan Pelajar, UPM	2022
22.	International Webinar: Be The Game Changer in Today's Social Media Toxicity	UCSI and School of Psychology Universitas Ciputra	2022

23.	Leadership Training	Institute for Rural Advancement (INFRA), Ministry of Rural Regional Development (KKDW)	2022
24.	Stress Management in Volunteering	Malaysian Social Institute	2022
25.	Burn Out: How to Manage It?	Guidance and Counselling Unit, KPMBM	2021
26.	International Lecture Series: Psychological and Mental Well-being Post-Covid Pandemic	MAKASSAR International	2021
27.	Already in Love: Youth Reproductive Health Workshop	Sabah Youth Council	2021
28.	How to Manage Stress in Postgraduate Life	UniKL MIAT	2021
29.	Bring that Shine Back: Mental Health Talk	UniMAP	2021
30.	Online PDP and Psychological Well-being	FSKTM, UPM	2021
31.	Are You Burned Out? How to Embrace your Postgraduate Journey during Covid-19 Pandemic	HEPSA, UPM	2021
32.	Alumni Sharing Session (SERIES 1)	Guidance and Counseling Student Club (KBMBK)	2021
33.	Good Health, Good Result (Stress Management)	Volunteer Development, UPM	2021
34.	Quantitative Research Methodology Workshop	FEM, UPM	2021
35.	Covid-19 Vaccine Forum: Will Covid-19 ever stop?	HESA, FEM, UPM	2021
36.	Mental Health Care: MeCARE	Bakti Siswa, UPM	2021

37.	Work from Home Challenges among Working Mothers	FEM, UPM	2021
38.	Adaptation in Endemics Covid-19 (ADEC-19)	FEM, UPM	2021
39.	Dealing with Stress among Students	Harmony Club, UPM	2020
40.	Raise Happy Hormones, For a Prosperous Life	Association of Educational Counselors of Malaysia	2020
41.	Expert Sharing Alumni Program (PRO-EXSA)	UPM	2020